

**SIZING: Fitting by shoe size****Men**

	Narrow	Regular	Wide
XXS	6.5	5.5 - 6	5
XS	7.5	6.5 - 7	6
S	8.5	7.5 - 8	7
M	11.5	8.5 - 11	8
L	13.5	11.5 - 13	10
XL	14.5	13.5 - 14	12
XXL		14.5 - 16	13

**Women**

	Narrow	Regular	Wide
XXS	7.5	6.5 - 7	6
XS	9	7.5 - 8.5	7
S	10.5	8 - 10	7.5
M	12.5	10.5 - 12	10
L	14.5	12 - 14	11